

Trinity Episcopal School

8th Grade Choices Class

Instructor: Larry Micheletti, Ph.D. (Dr. Micheletti will also have Medical students and Residents help and assist as needed per specific topics.)

List of General Topics:

Teens and Alcoholism

Negative Peer Pressure and Bullying

Teen Violence

Dating Pressures

What Every Teen Should Know about Sex

Sexually Transmitted Disease

Teen Pregnancy

Emotional Control/Dealing with Anger

Internet Safety

Steroid Use and Risks

Prescription for Trouble: the Abuse of Legal Drugs

Teens and Anxiety

Gateway: "Soft Drugs" leading to "Hard Drugs"

Stress Reduction

Study Skills

The instructor may by student request cover other topics regarding the well-being of teenagers.